

# Survivor Justice Network



## Healing + Support Resources for Survivors

In moments when headlines dominate the news cycle and powerful institutions control the narrative, survivors are often left to carry the emotional weight alone.

This toolkit was created to interrupt that pattern.

As public disclosures continue in connection to Jeffrey Epstein, we recognize that renewed media attention can surface anger, grief, confusion, numbness, or exhaustion. There has been little acknowledgment of the trauma survivors have endured, and the harm that can resurface as these stories circulate once again.

This toolkit includes access to digital healing support, crisis resources and community support options, to help regulate your nervous system, and provide you with care and direction as you navigate difficult or potentially triggering emotions.

- [Survivor's Sanctuary](#) - a free self-guided healing platform for survivors of sexual violence.
- 'me too.' [Healing Resource Library](#) - a database of over 1,000 healing, mental health, legal, and direct support resources for survivors.
- [Understanding Triggers Toolkit](#) - a 'me too.' toolkit to help survivors recognize, understand and work through moments of activation.
- [NWLC's TIME'S UP Legal Defense Fund](#) - for assistance in paying legal fees and media support in select cases of workplace sex harassment.
- [NWLC's Legal Network for Gender Equity](#) - connects people facing sex discrimination, including sex harassment and abuse at school, work, or when receiving healthcare, with legal assistance.
- [The Breathe Network](#) - trauma-informed practices to support survivor healing.
- [Our Wave](#) - digital support spaces for survivors of sexual violence.
- [National Sexual Violence Resource Center](#) - information and tools to prevent and respond to sexual violence.

### About the Survivor Justice Network

The Survivor Justice Network (SJV), formerly the Survivors' Agenda, anchored by [me too. International](#), [National Women's Law Center](#), and [Justice for Migrant Women](#), is a collective of organizations who believe that survivors should be shaping the national conversation on sexual violence. Our work is survivor-centered and survivor-led.